

The Purpose

The Howard County Department of Fire and Rescue Services (HCDFRS) is excited to provide Fire and Fall Prevention to its community in our mission to educate, protect, and serve.

Did you know?

- According to the CDC, falls are the leading cause of injury and death to those 65 years of age and older.
- At age 65 or older, adults were likely to be killed or injured in fires compared to the population at large. By age 75, that risk increases to three times that of the general population and to four times by the age 85. (National Fire Protection Association, 2017)

What can we do about it?

A significant amount of our community is a part of the aging population (65 and older) and this population is expected to grow three times in the next 5 years. HCDFRS has implemented the “Remembering When” program to bring fire and fall safety education to these residents to reduce the risk of harm due to a fire or fall.



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Fire & Fall Prevention For Aging Adults



HOWARD COUNTY DEPARTMENT OF FIRE AND RESCUE SERVICES



The Program

The Presentation:

The National Fire Protection Association developed 16 key fire and fall safety messages which comprise the core of the "Remembering When" presentation. Community members are encouraged to discuss and share their personal experiences with aging, fire, and falls at these presentations.



Home Safety Visit:

Community members may schedule a home safety visit at a presentation, online, or by phone. A home safety visit is done by both a Risk Reduction Educator and Firefighter within the department. When a community member who is 65 years of age or older requests a home safety visit, the team will take a small tour of the house and discuss fire or fall risks that may be present in the home.



Smoke Alarm Installation:



As a part of this program, Howard County Department of Fire and Rescue Services offers free smoke alarm installations

to those in our aging community who are in need. If you are interested in scheduling a smoke alarm installation and you, or someone in the household, is over 65, please contact us with the information provided on back.

Fall Prevention

- Exercise regularly
- Wear sturdy, well-fitting shoes
- Be aware of uneven surfaces

Fire Prevention

- Working Smoke Alarms Save Lives
- Plan your escape around your abilities
- Give space heaters space