

# VAPING & ELECTRONIC SMOKING DEVICES (ESDs)

E-cigarettes may cause negative long-term health effects

## ESD Facts

ESDs can:

- cause severe lung disease and death.
- expose user to harmful chemicals that can cause cancer.
- contain addictive nicotine that harms brain development.
- lead to other nicotine/tobacco use.

## Federal T21 Law\*



Prohibits sale of tobacco products & ESDs to anyone under age 21

*\*No active duty military exemption.*

## Howard County high school students

1 in 5

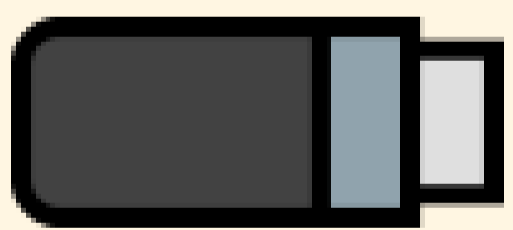
high school students use ESDs

97%

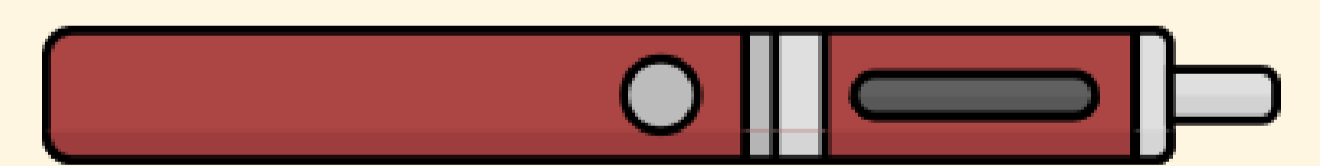
of high school students who use ESDs use flavoring other than tobacco

1 in 8

high school students use ESDs to smoke marijuana, THC, hash oil, etc.



Did You Know?



Some ESDs look like USB flash drives, pens and other easily concealed items.

ESD products can contain as much nicotine as 20 cigarettes.

Paid for by the Cigarette Restitution Fund

More information: [www.hchealth.org](http://www.hchealth.org)

Sources: Youth Risk Behavior Survey/Youth Tobacco Survey (YRBS/YTS), 2018; FDA and Scholastic Youth E-Cigarette Prevention Infographic.

