## FOLD HERE

HOWARD COUNTY HEALTH DEPARTMENT	Promote. Preserve. Protect.
EMERGENCY CONTACT CARD	Family Physician:
This card belongs to:	Telephone:
Emergency Contact:	Medical Conditions:
Telephone:	Allergies:
Out-of-town Contact:	Blood Type:
Telephone:	Call 9-1-1 for emergencies.
Neighborhood Meeting Place:	Call 2-1-1 for up-to-date disaster-related information and
Telephone:	resources in your community.
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