

HOWARD COUNTY
Opioid Crisis Community Council
Meeting Minutes

March 6, 2019 5:15-6:45pm
Columbia/Ellicott Room George Howard Building
3430 Court House Drive Ellicott City, Maryland 21043 Call in: 410.313.1141

Individuals Present:

Flora Betro, Drema Bonavitacola, Jimmy Brothers, Theresa Collins, Mark Donovan, Samantha Durbin, Joanie Elder, Marianne Gibson, Cindy Johnson, Jack Matthews, Mimi Mathews, Teron Powell, Roe Rodgers-Bonaccorsy, Laura Torres, Joan Webb Scornaienchi, Tanisha Powell, Vicki Scofield, Eric Kruhm, Priya Arokiaswamy, Patricia Konyeaso, Rich Gibson, Al Arrington, Claudia Salomon, John Way.

Meeting Minutes

- Meeting began 5:16pm
- Welcome- Chairperson Barbara could not make it this evening. Roe Rodgers-Bonaccorsy, Mark Donovan, and Joanie Elder covering for Barbara.
- Introductions around the room
- Approval of Minutes February 6, 2019
 - Motioned to approve: Mark
 - Second: Joanie
- Updates/Announcements
 - Health Department has launched the youth suicide prevention campaign
 - Howard House has moved to a new location in Ellicott City
 - Now 3.1/3.3
 - 16 beds
 - The open house ribbon cutting ceremony will be sometime in April
 - Health Department is sponsoring co-occurring training (drug/alcohol and mental health). CEU training- March 15th 9am-noon at the Health Department
 - Health Department and Office of Aging- hosting a seminar series on managing chronic pain
 - March 8th - April 12th
 - Need more to register-Please Share
 - Free at library
 - They will also have an April and May Seminar
 - Health Department is speaking to Patapsco Valley Regional Council of Municipal Churches on April 2nd
 - 14 churches
 - Narcan training and opioid crisis discussion
 - Health Department and the prevention committee are showing a 30-minute film at Howard High School called “Heroin Still Kills” on Thursday, March 28th, 6:30-8:30PM
 - Some of the actors will be there to speak
 - County involvement
- Council Educational Moment: Recovery Housing

- Al Arrington, Claudia Salomon, Vicki Scofield, Patricia and Priya all spoke and answered questions about recovery housing (Carlos could not make it).
- Vicki Scofield- Stepping Stones
 - SAMSHA- Substance Abuse and Mental Health Service Association
 - 4 domains:
 - Health
 - Housing
 - Purpose
 - Community
 - Stepping Stones: Level 2 housing
 - Housing manager who is also a peer
 - Not 24/7, No clinical
 - Medication Assisted Treatment (MAT)
 - Stepping Stones accepts anybody on this treatment
 - Inventory their medications
 - Accept anyone with a psychiatric diagnosis
 - Can come with legal prescription
 - Structured Housing- Chores, Meetings, Curfews, Drug Test
 - 28 Houses across the state
- Al Arrington- Howard House
 - Similar to Stepping Stones, but with clinical treatment
 - 3.3- Anywhere from a month to a month and a half
 - Howard House manages everything
 - Emphasis on learning how to get to the end of recovery
 - Connect residents to mental health clinic
 - Hoping to get a van soon to be able to take clients out
 - New house- 9876 Clarksville Pike, right off 29, next to Centennial Park
- Patricia and Priya from the Behavioral Health Administration
 - Maryland Certification and Recovery Residences
 - BHA certifies the residencies
 - Levels 1-4
 - MCOR- Cards handed out explaining how to locate information, BHA's website has application
 - Required to be certified if you are receiving any state funds (i.e. MDRN) or advertising in any way that you are a certified recovery house.
 - Not all certified homes are required to take MAT clients, only required to take them if they are taking Maryland Recovery Net funding
 - Website- has an application checklist
 - All documents are submitted to BHA
 - Site visit doesn't happen until all documents are submitted for review
 - Once everything is reviewed and accepted there would be a site visit and then you would be certified
 - If you have any questions email mcor.info@maryland.gov
 - Not all recovery residences are required to be certified
- Claudia Salomon- Health Department
 - BHA State Care Coordinator representative for Howard County

- State Care Coordination was developed so that each jurisdiction could have 1-3 individuals track individuals returning from treatment facilities (level 3)
 - Help connect them with services that they need in Howard County
 - Individuals from inpatient programs would be referred
 - Majority of case load is male clients
 - State Care Coordination helps to keep track of the client
 - Helps with treatment plan, recovery perspective, mental health services
 - Peer recovery coaches
 - Once they are enrolled, try to determine eligibility for funding
 - Will enroll if appropriate
 - Often looking for recovery housing
 - Funding when it is available for medical/dental
 - Goal is to move them towards independence
 - Clients tend to only be invested in housing funding
 - Track clients for 6-month period
 - You can always come back and reach out for help
 - Insurance- if they don't have insurance, send them over to Medicaid to see what their options may be.
 - Maryland Recovery Net piece, state level- part of ATR, federal program
 - Claudia's extension is x6288 if you have any questions or call x6202 and they will connect you with her
- Committee Progress Reports & Discussion
 - Prevention Committee
 - Hosting a lunch and learn with Howard County Pediatrics (where Drema used to work) on March 21st at Noon
 - 45 minutes talking to pediatricians about opioid misuse and what they can do
 - If this goes well, the head of Howard County pediatrics said they can expand to the hospital and meet with all pediatricians in the county
 - As mentioned earlier in the announcements, showing a 30-minute film at Howard High School called "Heroin Still Kills" on Thursday, March 28th, 6:30-8:30PM
 - Treatment/ Recovery Committee
 - February meeting was snowed out
 - Laura is helping communicate with hospital on Screening, Brief Intervention, and Referral to Treatment (SBIRT) and how we can be supportive
 - Working with Health Department to have an up to date list of service providers
 - Clear contact information
 - Various levels of care
 - Trying to get the "Looking for Answers" flyer from the Health Department out to the community
 - Working on Parody Act, contacting Legal Action Center to see if we can support
 - Next meeting: March 20th
 - Enforcement/ Adjudication Committee
 - Working on 3 panels
 - 1. Western Howard County
 - 2. Columbia Area

- 3. Boulevard Area
- Covering Law Enforcement, Expungement, Treatment
- Working on dates and locations
- Business/ Community Engagement Committee
 - Had a panel discussion with the Howard County Chamber
 - Joint meeting with council
 - Flora had meeting with Maryland Building Industry Association (MBIA)
 - Also interested in panel discussion/joint meeting
 - Looking at a 200 people venue
 - Tentative date: May 22nd
 - Breakfast instead of lunch so it will be cheaper ticket price, hopefully around \$20
 - Same idea as the chamber luncheon, possibly add law enforcement
- Communications Committee: No members present for updates
- Meeting Adjourn
 - Motion: Marc
 - Second: Joanie
 - Meeting Adjourned at 6:20pm

NOTE: Please send fliers to all for announcements ahead of the meeting.

Future Dates: April 3, 2019, May 1, 2019 June 5, 2019, July 3, 2019, August to March 2020 TBD

Months Remaining to Accomplish Goals: 13