AGE-FRIENDLY COMMUNITY AND HEALTH SERVICES WORKGROUP

MINUTES

Date: 02/18/2020
Meeting was called to order: 09:05AM
Facilitator: Terri Hansen

In Attendance

Manuel Evangelista
James Gutman
Michele Millican
Hedy Tanenholtz
Carolyn Rimes
Michelle Goldberg

Approval of Minutes

Motioned to Approve: Jim Gutman
Seconded: Manuel Evangelista
The minutes from January were approved as written

Announcements

Co-Chair from County – Ayse Tokbay, SHIP Program Manager, Howard County Office on Aging and Independence
Still need a community representative
Terri gave an update on the Survey, there are over 2,300 responses so far. Also, the focus groups and listening sessions will be scheduled in late March through April

Discussion

- A member asked would it be helpful if within the group they volunteered to facilitate a focus group?
- Senior Apartment Living Health and wellness Seminar – March, April at Guilford Elementary School was suggested as a setting to educate the public about Age-Friendly

- Terri Hansen asked what do you want the focus to be for this workgroup?
- Howard County General Hospital is pursuing an Age-Friendly Health Systems designation. It uses the 4M's Framework
  - What matters – person centered
  - Medication
  - Mobility
  - Mentation
- Do we know what the current availability resources are within the county?
- Which direction does this committee want to go?
- Come up with best practices for the Committee
- A member asked what the vision of Age-Friendly is?
- A member asked what is the mission of Age-Friendly?
- Overall in the County what is currently lacking and what is working?
- Learn from other Communities that already have Age-Friendly Action plans in place
- Working with the hospital, faith-based groups, Maryland state

Homework
- Look what is out there and where do you think our workgroup focus should be.
- Look at the different action plans on the AARP Livability website
- Share knowledge of resources relating to the group through emails within the group

Next Meeting
03/17/2020 | 9:00am – 10:30am, 9830 Patuxent Woods Drive, Columbia, MD 21046