# AGE-FRIENDLY SOCIAL PARTICIPATION WORKGROUP MINUTES



Date: 02/24/2020 Time: 03:05pm

Facilitator: Terri Hansen

### In Attendance:

Peter Brunner

Carolyn Rimes

Mary McGraw

Ruth Coleman

Colleen Konstanzer

Ann Benjamin

Jeannie DeCray

# **Approval of Minutes:**

Motion to approve: Jeannie DeCray Seconded: Peter Brunner

Minutes from January were approved as written

### **Announcements:**

- Co-chairs are Ruth Coleman (county employee) and Colleen Konstanzer (community member)
- It will be the responsibility of the Co-chairs to assign work to any subgroups set up.
- Co-chairs will plan to meet before workgroup meeting to plan agenda for the next meeting.

### **Discussions**

- A member brought up that it would be a good idea to have someone from the Howard County Board be on the steering committee.
- It was noted that the work group is small; we need to contact other members who signed up and have not attended the previous meetings.

- Survey went out 2/4/2020, currently we have around 2300 surveys and more are continually coming in.
  - O Surveys analysis will be done by the middle of March
- Focus groups and listening sessions to begin late March and April.
- Suggestions made by a member of workgroup:
  - Focus groups and listening groups should be county wide.
  - O Focus groups should be no more than 15 people, the listening groups will be larger
  - A member suggested that questions that were not included on the survey, should be included in focus groups/listening groups
- Neighbor Ride said we could utilize their facility as a place for holding focus groups, (evening and weekends).
- Open discussion regarding the timeline for the entire project occurred.
  - O Timeline:
  - 1. The goal to develop an action plan is December 2020
  - 2. Draft is due October and final draft in November
- There is information in the county from other studies over the years, this data will be looked at, consolidated and provided to workgroup members.
- A member staff stated it would be helpful to learn what the other workgroups are doing
- In some form all the domains will overlap each other
- As a group, we need to figure out the structure of the workgroup and what part of social participation do we want our focus to be?
- So, let's consider the following, what does Social participation mean:
  - 1. Maintaining connection
  - 2. Giving a sense of purpose
  - 3. Combat social isolation
  - What resources are currently available and what is still needed?

### Available

- Library resources
- Internet
- Other reports that were previously done
- There are other organizations currently out there such as Encore.org

### What are the gaps?

- What are the effects of social isolation on seniors, children, teens and adults?
- Do we address social participation as living with someone (possibly house sharing), or is it to be getting together at a function? Both are right.
- How do we make it possible for people with disabilities to be included in social functions?
- Ethnic groups can be socially isolated as well, especially due to language barriers
- What effect does social participation have on people?
  - Health
  - Sense of belonging
  - Sense of being valued
- Engagement what kinds of things bring communities together?
  - Food from different cultures

- We want to have some short-term successes to get the community excited about new and different concepts
- A reminder: The Age-Friendly initiative is to benefit the entire County-people of all ages.

## Logistics:

- Possibly using a google doc or one-drive as a source to put information in so that it can be shared by the whole group.
- Have a speaker from another jurisdiction (that already has action plan in place) do a webinar so other workgroups can participate.

### Homework

- Spend some time on the AARP website, Livability Communities
- Look at what other jurisdictions have done and is it being done well in Action Plans
- Look at the Encore.org mission regarding social participation
- Come with a definition of what you feel social participation is; what are the community needs; identify what research is currently out there; and share it so we can begin to know where our gaps are.

Meeting was adjourned at 4:40-pm.

# **Next Meeting**

03/23/2020 - 3:00 - 4:30pm, 9830 Patuxent Woods Drive, Columbia, MD 21046